

March 2023



### A message of thanks!

*"I am grateful for all the friendships and meaningful relationships I have developed through Triple I. I am humbled by the trust that the whole team put into the leadership and I'm amazed by what can get done when people come together as a team."*

Dr. Clara Bohm,  
Project Lead

### Project comes to a close!

We are pleased to report that the Triple I project is successfully coming to a close at the end of March 2023. This 5-year multi-centre, multi-phase, Nationwide research project has gained important and valuable insights into Improving Information, Interactions and Individualization in in-centre Hemodialysis Care for Canadians. We are extremely grateful to all of our collaborators and participants in the research who have been involved throughout all stages of the research project - we must thank our research team and collaborating sites across Canada, including researchers, healthcare providers, patients/caregivers, patient partners, students, research assistants, collaborating universities and hospitals and various stakeholders including policy-/decision-makers, the Can-SOLVE CKD Research Network and CIHR.

### In a nutshell:

Throughout the Triple I project we have garnered important results that have springboarded towards endeavours such as identifying the top 10 priorities to address in improving HD care for patients, developing an educational web app for HD patients and caregivers, identifying and developing a program to implement and evaluate turning the HD centre into a 'Hub of Care' by integrating other healthcare providers into the unit. Finally, the results of Triple I, have also informed future research to address mental health care gaps for individuals receiving facility-based HD in Canada, in the extension of the

### Hubs of Care:

As the project winds down, the work is not slowing down as 'Hubs of Care' is currently being implemented at five research sites across Canada (Calgary, Edmonton, Winnipeg, Toronto and Halifax). As this final phase of the research project is underway, we are testing novel approaches in each site. Winnipeg - endocrinologist; Halifax - mental health specialist; Toronto - chiropodiatrist, Edmonton - diabetic care and Calgary - wound care.

### Web-based Educational App:

The online app is in development and the prototype will be launched in April 2023. This app will be a tool for HD patients providing current and relevant information by patients for patients in an interactive and easy-to-use format.

### Reflections:

We asked our team to describe what it has meant to them to participate in Triple I and these are just some of the words we heard:

*"Being part of the Triple I project feels to me like I am getting the HD patients' voice heard and making fundamental changes to how HD patients are perceived"*

TS, Patient partner

*"I greatly enjoyed getting to know the team from coast to coast and being a part of this project throughout so many of its stages and phases. To be involved in patient engagement at all levels throughout all stages of the project has been the most rewarding aspect. The patient partners' lived experience and the varied skills and backgrounds they bring have all contributed significantly to the outcomes of the research. It takes a village!"*

MT, Research coordinator

