



Project Updates

This 5-year multi-phase, nationwide project has gained important insights into improving *Information*, *Interactions* and *Individualization* in hemodialysis care.

Project funding has been extended until February 2024 to allow time for all sites to complete the Hubs of Care projects.

Over the course of the Triple I project we:

- Identified the top 10 priorities to address in improving hemodialysis care.
- Developed an educational web app for people receiving hemodialysis and their caregivers.
- Implemented and evaluated turning the hemodialysis centre into a 'Hub of Care' by integrating other healthcare providers into the unit.
- Informed future research to address mental health care gaps for people receiving hemodialysis in Canada with development of the Mind the Gap project.

Hubs of Care

Hubs of Care has been implemented at five sites across Canada. We are testing incorporating specialist care in hemodialysis at each site.

- Winnipeg - diabetes care
- Halifax - mental health care
- Toronto - foot care
- Edmonton - diabetes care
- Calgary - wound care

Sites are currently completing the intervention or analyzing data.

HD & Me App

Previously named 'Lena', the HD & Me app is still in development.

This app will be a tool for people receiving hemodialysis and their caregivers, providing current and relevant information, developed by individuals living with kidney disease, for individuals living with kidney disease, in an interactive and easy-to-use format.

The prototype will be presented to patient partners in February 2024, with the hope of partnering with industry for further development.

Flash Glucose Monitoring in Individuals with Diabetes Receiving Hemodialysis

As part of Hubs of Care, Winnipeg implemented a diabetes care specialist. Many individuals were prescribed flash glucose meters to help monitor their diabetes.

In this sub-project, we are using the information provided by the flash glucose monitors to study:

1. How glucose levels change in individuals with diabetes, receiving hemodialysis.
2. The role of flash glucose monitors in the care of diabetic individuals, receiving hemodialysis.

Announcements



Melanie Talson, MA,
Patient Partnerships and Training
Manager
CAN-SOLVE CKD

We recently said farewell to Melanie Talson. We can't thank you enough for all your hard work and contributions to Triple I as the Research Coordinator. We wish you success on your future endeavors.

Ashley Seitz has taken over the role of Research Coordinator for the Triple I project. She also coordinates the Mind the Gap project.



Ashley Seitz
Research Coordinator
Chronic Disease Innovation
Centre

Warm welcome to the Triple I team!

HD & Me



Next Steps

- 1.) Quarterly Meeting - December 2023
- 2.) Flash Glucose Meter Data Analysis - December 2023
- 3.) Complete Hubs of Care - February 2024
- 4.) Triple I Project Completion - February 2024